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War in the Middle East Israel Attacks Iran, Iran Retaliates

June 13th, Israel launched a brutal series of airstrikes on Iran, dubbed "Operation Rising Lion," targeting its nuclear facilities, military bases, and top commanders. The overt act of war, driven by Israel's long-standing obsession with thwarting Iran's nuclear ambitions, killed over 224 Iranians, mostly civilians, and injured thousands, flattening residential areas in Tehran and striking Natanz, Fordow, and Isfahan. Israel's bombardment also hit Iran's oil and gas infrastructure, spiking global oil prices and threatening economic stability. Iran was caught off-guard, but recovered more quickly from its Pearl Harbor moment than Israel expected, and it's speculated that some targets hit by Israel may actually have been decoys.

Israel's Prime Minister Benjamin Netanyahu, claimed the strikes were "pre-emptive" to halt Iran's alleged nuclear weapon program, a narrative contradicted by Director of National Intelligence Tulsi Gabbard who testified on March 25th of this year before the Senate Intelligence Committee that the US Intelligence Community assessment was that Iran is not building a nuclear weapon and Supreme Leader Khamanei had not authorized the nuclear weapons program he suspended in 2003. Israel has been making similar claims for decades.

Iran retaliated swiftly, launching waves of ballistic missiles and drones at Israel, hitting Tel Aviv, Jerusalem, and Haifa. The strikes killed at least 13 Israelis, mostly civilians, and injured hundreds, exposing the fragility of Israel's Iron Dome missile defense system. Iran's Islamic Revolutionary Guard Corps (IRGC) framed the response as self-defense, targeting Israeli military



sites after Israel's slaughter of Iranian generals, scientists, and civilians.

While President Trump publicly denied direct involvement, claiming Israel acted "unilaterally" but acknowledged providing "exquisite" intelligence. U.S. officials confirmed American forces helped intercept Iranian missiles, and Israel relied on U.S. intelligence and weaponry. The evacuation of non-essential U.S. embassy staff from Baghdad days prior suggests foreknowledge of Israel's planned attacks.

Trump framed the airstrikes as a consequence of Iran's failure to agree to a nuclear deal, noting that he had given Iran a 60-day ultimatum to negotiate, which expired just before the attacks. Trump warned Iran against targeting U.S. interests, stating, "If we are attacked in any way, shape, or form by Iran, the full strength and might of the U.S. Armed Forces will come down on you at levels never seen before."

Over the weekend Israel asked the US "to join war with Iran", according to Axios,, and claimed that Iran "tried to assassinate President Trump twice", but Trump did not take the bait. French President Emanuel Macron pledged

support, and British aircraft were reportedly seen intercepting Iranian missiles over Iraqi airspace before returning to base in Cyprus.

US-Iran nuclear talks were scheduled to take place in Oman on June 15th, but Iran has told mediators Qatar and Oman that it is not open to negotiating a ceasefire with the US while under Israeli attack, according to Reuters. On May 27th, Trump had cautioned Netanyahu against undermining these talks.

Talking to reporters as he left for the G7 summit in Canada, Trump said he hopes Israel and Iran can broker a ceasefire but said sometimes countries "have to fight it out" first.

Israel and Iran continue to trade explosions as the bodies pile up and the war is not likely to end quickly, with international pleas for de-escalation falling on deaf ears.

As (retired) US Col. Douglass MacGregor pointed out, "Russia, China, Pakistan and most of the Muslim World are rallying to Iran's defense. Supplies, equipment and technical assistance are pouring into Iran. It's time for a reality check".

One Big Beautiful Bill

Or a “Disgusting Abomination”?

The "One Big Beautiful Bill" (OBBB), officially the One Big Beautiful Bill Act, passed by the House in May 2025, has drawn significant criticism for its fiscal and social impacts. This is not an exhaustive list, but below are the primary criticisms, based on analysis from various sources:

Lack of Transparency and Rushed Process: The 1,038-page bill's complexity and late release of text led to Republican lawmakers, like Representatives Mike Flood and Marjory Taylor Greene, admitting they missed problematic provisions, such as States not being able to regulate Artificial Intelligence for ten years. Critics argue the rushed reconciliation process, requiring only a simple majority, sidelined a thorough review, amplifying unintended consequences.

Massive Deficit Increase: Critics argue the bill significantly increases the federal deficit, with the Congressional Budget Office (CBO) estimating it will add \$2.4 trillion to \$3.8 trillion to the national debt over a decade, despite claims of \$1.7 trillion in savings. The extension of the 2017 Tax Cuts and Jobs Act (TCJA) and new tax breaks, contribute heavily, with economic growth offsetting only 22% of the tax cuts' cost. Critics, including Senators Rand Paul and Ron Johnson, and Elon Musk, who called the OBBB a “disgusting abomination,” highlight the debt increase as fiscally irresponsible, especially with a \$4 trillion debt ceiling hike. Musk had an actual physical altercation in the White House with Treasury Secretary Scott Bessent, presumptively over the reckless spending in the Bill, and it is speculated that's why Musk was seen with a black eye. President Trump and Musk have had a falling out, with Musk reposting Trump's old tweets that expose the reverse of his current position on the OBBB. (See below).

Regressive Tax Policy: The bill is criticized as a “reverse-Robin Hood” scheme, favoring the wealthy while harming lower-income households. It boosts incomes for the top 1% by nearly \$70,000 annually (\$124 billion total) and quadruples the state and local tax (SALT) deduction cap to \$40,000, benefiting high earners in high-tax Blue states. Meanwhile, the bottom 10% of earners face a 4% income reduction by 2034, per the CBO.

Not All Tax Breaks Are Permanent: The “No Tax on Tips” and “No tax on Over-time” expire December 31st, 2028. The Child Tax Credit expansion reverts back from \$2,500 per child to \$2,000 on December 31st, 2029. Also expiring in 2028 are the \$4,000 additional standard deduction for seniors, and the deduction for auto loan interest on American made cars.

Spending on Pet Projects: Critics highlight wasteful spending, including \$50 billion for a border wall (eight times higher than Customs and Border Patrol's estimate) and \$45 billion for private prison expansion to support mass deportations, benefiting connected contractors like GEO Group. The \$350 billion for border security and military spending is seen as excessive, and includes initial funding for Trump's “Golden Dome” missile defense system similar to the one in Israel that just failed and can't compete against cheap modern drone technology, estimated to cost \$175B over three years to complete. The Bill increases farm subsidies, which critics say will raise grocery prices. It includes something called “The Orphan Cures Act” which allows more drugs to avoid Medicare price negotiation. According to Senator Rand Paul, the OBBB gives World Cup Soccer \$695M. Who knows what else is hidden and yet to be discovered.

House Speaker Mike Johnson said starting over with a better bill is unacceptable because this one took fourteen months to write. Which begs the question of who wrote this bloated bill and why did legislators not even seem to know what's in it?

The Senate may modify these provisions, a early signals suggest adjustments, and the OBBB is still under consideration.

One Big Beautiful BS? You decide.

Elon Musk

Wise words

Donald J. Trump

I cannot believe the Republicans are extending the debt ceiling—I am a Republican & I am embarrassed!

Elon Musk

I couldn't agree more!

Donald J. Trump

No member of Congress should be eligible for re-election if our country's budget is not balanced---deficits not allowed!

Veto Queen Under Fire

Governor Hobbs Continues to Break Records



Governor Katie Hobbs, a Democrat who assumed office in January 2023 as Arizona's governor, has earned the moniker "Veto Queen" due to her unprecedented number of vetoes, surpassing all previous Arizona governors. By mid-2025, Hobbs had vetoed over 350 bills, breaking records set by former Governor Janet Napolitano, who vetoed 181 bills over six years. Hobbs achieved this in just over two years, with 143 vetoes in 2023, 73 in 2024, and 139 by June 2025.

Her aggressive use of the veto stamp stems from ideological clashes with the Republican-controlled Arizona Legislature. Hobbs has stated she aims to be a “backstop” against Republican legislation. This has led to a polarized legislative environment, with Republicans accusing her of partisan obstructionism, while she argues the bills she vetoes are often “solutions in search of a problem”. Here are some of her most controversial vetoes to date:

House Bill 2703 (2025): This Republican-backed bill aimed to speed up election results by prohibiting voters from dropping off early ballots at polling places on Election Day. Republicans, including Senate President Warren Petersen, called the veto a “huge mistake”, accusing Hobbs of undermining voter confidence. The veto fueled accusations of Hobbs obstructing “common-sense” election reforms, as Arizona's slow vote counts have drawn national scrutiny.

Senate Bill 1164 (2025): Dubbed the “Arizona ICE Act,” this bill would have mandated state and local governments to cooperate fully with federal immigration authorities, aligning with the Trump administration's immigration crackdown. Vetoed on April 18, 2025, it drew sharp criticism from Republicans, with the Republican Governors Association claiming Hobbs was soft on border security. The veto intensified debates over immigration policy, especially after voters approved a related 2024 ballot measure bypassing her.

Senate Bill 1109 (2025): Hobbs vetoed this bill aimed at restricting Chinese Communist Party (CCP) linked entities from purchasing land near military installations or accessing DNA technology. This veto was particularly contentious. Critics, including conservative commentators, labeled them as evidence of Hobbs' partisan bias, with some questioning her motives. Hobbs provided no detailed public explanation, leading to accusations of prioritizing political ideology over state security.

Senate Bill 1441 (2025): This bill sought to make school district governing board elections partisan, a measure Republicans previously passed and Hobbs vetoed in 2024. Vetoed again on April 18, 2025, Hobbs argued that “partisan politics do not belong in Arizona's schools,” a stance that angered Republicans who saw it as resistance to transparency in education governance.

These vetoes showcase her willingness to block high-profile legislation, often on divisive issues like elections, immigration, and education. Supporters view her as a defender of progressive values, while critics argue she dismisses policies benefiting families and taxpayers. Her vetoes have also drawn attention for their sheer volume—20% of bills reaching her desk in 2024—prompting claims she governs more by veto than by compromise. Republicans plan to bypass her with ballot measures again in 2026, when Hobbs faces a tough re-election.

Airport Authority Controversy \$5 Million Needed For Failing Fuel Farm

The Mohave County Airport Authority (MCAA) is a non-profit corporation established to develop, promote, and improve air transportation and commerce in Mohave County, Arizona. Primarily responsible for managing the Laughlin/Bullhead International Airport, a regional hub, the MCAA oversees commercial and general aviation services, including charter flights, air ambulance operations, and fixed-base operator services like fueling and aircraft maintenance. The MCAA operates on land leased from Mohave County, with a board of nine directors and general membership providing policy guidance. The authority also manages over 30 hangars and nearby commercial properties.

In 2024, the MCAA faced a criminal investigation involving alleged embezzlement through credit card misuse by airport employees. The issue surfaced during a special MCAA board meeting in March, with Director Troy Teske confirming "criminal activity" at the airport, though specifics were withheld due to the ongoing investigation. Treasurer Ray Winslow reported the matter involved a forensic audit of credit card transactions, with Bullhead City Police involved. The MCAA has insurance to cover losses and part of the audit costs, expecting minimal financial impact. A private Finance and Planning Committee meeting was held in April to discuss further details, but public disclosures remained limited. The investigation also coincided with staff departures, including the assistant airport director and fire operations manager, though reasons varied from health issues to new job opportunities.

This year, District 2 Supervisor Rich Lettman brought forward discussion on the lease of the Airport to MCAA, and the financial status of the corporation. Supervisors voted to pursue a voting seat on the MCAA Board, and to have the MCAA make a public presentation on the results of their audit, operations, and future development to the County. MCAA agreed, then cancelled.

This month, an email between County Manager Sam Elters and MCAA President William Osborne came to light, dated May 7, 2025. In the correspondence Mr. Osborne writes, "... We have a critical issue with our fuel farm and have been planning on the corrections needed. We were only recently informed that the farm failed a 2017 inspection. This information was withheld from us by the previous owner, the tank sidewalls are approximately 25% original thickness. We are applying for a five million dollar loan to replace them. I'm sure you know these are not "off the shelf" and the process of engineering, permitting and manufacturing will be at least 6 months. Additionally we are in negotiations with an airline for service and a major cargo opportunity. Any suggestion of litigation concerning our leases would absolutely have a negative effect with all of these efforts but most assuredly would kill the loan and therefore the airport would be essentially closed. Should the worst happen here, Mr. Lettman has been in the forefront of these efforts and will be the first one to be mentioned. Clearly and unfortunately we are entering an adversarial relationship..."

So, it seems they bought a million dollar problem that's going to cost \$5M to fix and now we know why MCAA didn't want anyone having to answer questions or speak on the record to the County. Stay tuned, more to come on this story.

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What's Killing Mohave? Medical Examiner Report Data Overview

County Medical Examiner John Hasset presented the 2024 death certificate report to the Board of Health at last month's quarterly meeting. Not all deaths reported to the County ME's Office fall under their jurisdiction. Some of the deaths reported are certified by the decedent's primary care physician. In order to be considered a Mohave County ME's Office case, the death must have occurred within Mohave County or within a county or region in which the Mohave County Medical Examiner's Office has authority pursuant to a intergovernmental agreement.

Cases Year over Year: 2018 - 2,366, 2019 - 2,229, 2020 - 2,524, 2021 - 2,725, 2022 - 2,463, 2023 - 2,242, 2024 - 2,519

2024 Passing by Region: Bullhead 841, Kingman 1,038, Lake Havasu 597, AZ Strip 43

Natural Cases 75 - By Cause: • Cardiac - 32 • Pulmonary - 14 • Neurological - 7 • Cancer - 3 • Liver/Alcohol - 7 • Infectious - 5 • Metabolic - 3 • Gastrointestinal - 2 • Pediatric - 1 • Allergy - 1

Natural Cases By Age Groups: Infant (0-1 year) 2, Young Adult (18-39) 8, Adult (40-64) 23, Senior (65+) 42

Undetermined Cases By Cause 14: MVA 1, Asphyxia 1, Drugs 4, Undetermined 8

Undetermined Cases By Age Groups: Infant (0-1 year) 1 Young Adult (18-39) 3 Adult (40-64) 7 Senior (65+) 2 Unknown (Doe Case) 1

Total Suicides Cases 83. By Cause: Firearm 62, Asphyxia 2, Hanging 11, Self Injury 6, Carbon Monoxide 2

Suicide Cases By Age Groups: Teenager (13-17) 1, Young Adult (18-39) 21, Adult (40-64) 32, Senior (65+) 29

Homicide Cases 15 - By Cause: Firearm 10, Shotgun 2, Injuries/Trauma 3

Homicide Cases By Age Groups: Teenager (13-17) 1, Young Adult (18-39) 5, Adult (40-64) 9

Accidents 255: Alcohol 5, Fentanyl 12, Methamphetamine 26, Combined Meth and Fentanyl 29, Combined Drugs/Narcotics 16, Drugs 6, Drowning 8, Hypothermia 3, Hyperthermia 67, Injuries/Trauma 41, Fall 36, Fire 5, Other 5

Accidents By Age Groups: Children (2-12) 2 Young Adult (18-39) 44 Adult (40-64) 96 Senior (65+) 113

The three major causes of accidental deaths involve Injuries/Trauma due to Motor Vehicle Accidents, Drug Overdoses, and Weather (Heat Related). Fentanyl and Meth combined is the leading cause of passing for drug overdoses.

Analysis: 2024 VS 2023 • Total Deaths Notified - Up 277 cases, 12% • Hospice Notifications - Up 300 cases, 28% • Investigations - Down 23 cases, 2% • Declines - Down 29 cases, 4% • Accidental Deaths - Up 23 cases, 10% • Suicides - Down 17 cases, 17% • Homicides - Up 1 cases, 7% • Undetermined - Up 2 cases, 17% • Natural - Up 2 cases, 3% • Pending - Up 5 cases, 45 %

This data will change as they finalize the pending cases. The majority of the pending cases are Doe cases.

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Biden Cancer Controversy

How Long Did He Really Have It?

Former President Joe Biden’s prostate cancer diagnosis, announced on May 18th of this year, has sparked suspicion and controversy, primarily due to its timing, the aggressive nature of the cancer, and questions about the transparency of his health during his presidency.

The diagnosis came shortly after Biden left office in January 2025, following a contentious 2024 partial presidential campaign where his age and health were heavily scrutinized. Critics, including some Republicans, argue the announcement’s proximity to the release of “Original Sin”, a book by Jake Tapper and Alex Thompson detailing Biden’s health and cognitive decline, suggests an attempt to garner sympathy or distract from political fallout. However, Biden’s team insisted he wasn’t diagnosed until May 16, 2025, after symptoms led to the discovery of a prostate nodule.

Biden’s diagnosis of Stage 4 prostate cancer with a Gleason score of 9, indicating metastasis to the bone, raised questions about how such an advanced condition went undetected in a former president with access to top-tier medical care. Urologist Dr. David Shusterman suggested the cancer, which takes years to develop, could have been present during Biden’s presidency, potentially missed due to inadequate screening.

According to the February 2024 physical conducted by Dr. Kevin O’Connor, Biden underwent a comprehensive health assessment at Walter Reed National Military Medical Center, which found him “fit to serve” with no signs of active cancer, leading critics to question whether his physician concealed health problems. The report noted Biden’s history of non-melanoma skin cancer lesions, removed before his presidency, but it did not mention prostate-specific antigen (PSA) testing or other cancer-specific screenings in 2024. A Biden aide later stated that his last PSA test was back in 2014.

Experts like Dr. Nicole Saphier suggest Biden’s cancer likely formed after 2019, possibly missed due to medications lowering PSA levels or rapid progression in 2024–2025.

Joe Biden claimed he had cancer during a speech on July 20, 2022. He said, “That’s why I and so damn many other people I grew up with have cancer,” linking it to his childhood exposure to oil slicks from refineries in Delaware. The White House later insisted that Biden was referring to his history of skin cancer lesions.

Back in 2019, at a campaign event in Iowa, Biden declared, “I promise you if I’m elected president, you’re going to see the single most important thing that changes America, we’re gonna cure cancer.” Unfortunately for him he didn’t make good on that promise.



Yee to Primary Horne in 2026

School Superintendent Showdown



Arizonans are not exactly thrilled with Arizona’s incumbent Superintendent of Public Instruction, Tom Horne, since his taking office in 2023. Critics, including educators, parents, and political opponents, cite several issues fueling the dissatisfaction.

Horne’s restrictive oversight of the Empowerment Scholarship Account (ESA) program, which funds school choice, has drawn ire. Horne approved a draft ESA handbook that contains non statutory rules and arbitrary spending limits for approved items and programs. Conversely, Horne’s failure to curb questionable ESA purchases (e.g., luxury items) has frustrated those demanding stronger accountability, highlighting inconsistent program management.

A 2024 report showed Arizona’s teacher salaries ranked 49th nationally, and ConsumerAffairs.com published a report last year showing Arizona ranked dead last for overall public education. Horne’s initiatives, like incomplete textbook reviews, have also been criticized.

Additionally, Horne’s inflammatory rhetoric and past controversies, including a 2010 hit-and-run incident, FBI investigation into alleged campaign finance violations from Horne’s 2010 campaign, and his extramarital affair, have damaged his credibility. Critics also point to his age (79) and long political history as signs he’s out of touch.

Republican challenger Kimberly Yee announced her candidacy for Superintendent of Public Instruction in 2026, on May 28th, leveraging her extensive experience and focus on school choice to address Arizona’s educational challenges.

Arizona’s Treasurer since 2019, Yee is a strong contender due to her proven leadership, fiscal expertise, and commitment to educational accountability.

Yee’s successful tenure as Treasurer demonstrates her ability to manage complex budgets, a critical skill for overseeing Arizona’s \$7 billion education budget. As Treasurer, Yee increased total investment earnings to over \$4.5 billion, leading the Treasury’s record-high performance for earnings under the state land endowment, and distributing over \$2.43 billion to Arizona schools.

With Yee administering the statewide AZ529 Education Savings Plan helping families save for higher education since October 2020, AZ529 accounts increased by 54,178 new accounts, with \$2.46B in assets under management, in 54 months.

Her prior legislative experience, which includes serving as Senate Majority Leader and Chairwoman of the Arizona Senate Education Committee, and her involvement in the ESA program’s creation, gives Yee insight into school choice, a priority for many Arizona voters. Yee emphasizes that ESA spending rules should be set by the Legislature, not arbitrary superintendent policies, reflecting her respect for legal boundaries and transparency.

Backed by AZ Senator and AZGOP National Committeeman Jake Hoffman, Yee’s campaign has sparked excitement with conservative voters who see her as a defender of school choice against Horne’s “government overreach.” Her ability to unite Republicans positions her to energize the GOP base in the 2026 primary.

As stated in her campaign announcement, Yee’s commitment to “real results” for students, teachers, and families, underscores her vision for a student-centered education system. By tackling chronic issues and leveraging her statewide name recognition, Kimberly Yee offers a pragmatic alternative to Horne’s divisive tenure.



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MAHA

Make Arizona Healthy Again!

June 9th, Health and Human Services Secretary Robert F. Kennedy Jr. retired 17 members of the Advisory Committee on Immunization Practices or ACIP, the CDC external panel that wields the grave responsibility of adding new vaccines to the recommended childhood schedule.

June 11th, Sec. Kennedy announced 8 new members new members to ACIP, none of whom are ideological anti-vaxxers. They are *"highly credentialed physicians and scientists who will make extremely consequential public health determinations by applying evidence-based decision-making with objectivity and common sense."* according to Kennedy.

Kennedy stated that he would be providing examples of the historical corruption at ACIP to help the public understand why this clean sweep was necessary. *"The most outrageous example of ACIP's malevolent malpractice has been its stubborn unwillingness to demand adequate safety trials before recommending new vaccines for our children. Today, a compliant American child receives between 69 and 92 routine vaccines (depending on brand/dictated dosage) from conception to 18 years of age. This is up from 11 shots in 1986. ACIP has recommended each of these additional jabs without requiring placebo-controlled trials for any of them. This means that no one can scientifically ascertain whether these products are averting more problems than they are causing. Many vaccine promoters have challenged this assertion. They are always wrong."* Kennedy posted on Twitter/X.

Recently CNN, which has devolved into a shameless propagandist for Big Pharma, gleefully proclaimed that it had found 257 placebo-controlled studies for routine vaccines. Kennedy publicly deconstructed CNN's claims. *"No routine injected vaccine on CDC's schedule was licensed for children based on a placebo-controlled trial. In instances where a vaccine was used as a control, it too was never licensed based on a placebo-controlled trial. That is not conjecture. It is a fact based on FDA's clinical trial data. (See <http://sirillp.com/noplacebo>)."* He then went on to show that *"236 of the studies clearly did not use an 'inert' safety comparator in a trial to license an injected routine vaccine for children on CDC's schedule."* *"For the remaining 21 studies CNN's list claims used an inert injection, 9 plainly did not"* and *"For the remaining 12 listed studies which may have had an inert injection, none was a trial relied upon to license a routine vaccine on CDC's childhood schedule"* with Kennedy noting that *"While these 12 studies were not relied upon to license a routine vaccine on the CDC's schedule, they do reflect that a placebo-controlled trial of a vaccine is possible. They also reflect what can be learned when a placebo trial is performed."* For example: RCT 122 found that severe adverse effects occurred in 69 recipients of vaccine compared with one recipient of placebo, and RCT 124 found the rate of hospitalization was actually higher in the vaccine group than the placebo group.

"We have gone from 3 routine injections by age one in 1986 (the year the National Childhood Vaccine Injury Act passed) to 25 routine injections by age one in 2025 (which now does not include Covid-19 vaccine). Because of the 1986 Act, every one of these products, save one, was developed by companies knowing they would almost never be liable for serious harm. During this same period, chronic diseases in our children exploded, most of which are caused by immune system dysregulation. If we are to identify the exposures that are causing this epidemic of autoimmune diseases, we need to rule out products given dozens of times to young children, specifically to modify the immune system, as potential culprits. Our infants and children deserve the best safety trials possible to keep them safe. We should care as much about every child who could be injured by one of these products as we do every child who could be injured by an infectious disease. We must protect all children." said Kennedy.

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The DOGE Report

By Mark Fargo

DOGE Disrupts: Musk's Government Efficiency Push Hits Full Throttle—While His Bromance With Trump Hits the Brakes

In the span of just 30 days, Elon Musk's Department of Government Efficiency, known (now officially) as DOGE, has gone from a punchline to a power player in Washington. What started as a half-joke, half-populist experiment is rapidly morphing into one of the most disruptive government initiatives in recent history.

And while DOGE has been accelerating reform at Mach 5, another headline has taken shape in the rearview mirror: a quiet, but unmistakable breakup between Musk and President Donald Trump.

Let's take a look at what's happened—and what it means for the future.

30 Days of DOGE: A Shockwave Through the Bureaucracy

Since its full operational deployment in early May, DOGE has set a relentless pace. Modeled after the principles that made Musk's companies (Tesla, SpaceX, and Starlink) run lean and fast, DOGE has one core mission: strip waste, slash delay, and obliterate the unnecessary in government.

Here's what they've already accomplished:

DMV Reform Pilot Launched - Using AI-driven scheduling and biometric self-service kiosks, DOGE has partnered with Nevada, Texas, and Florida to roll out a 5-minute DMV model. Wait times have dropped by 71%, and in Nevada, same-day REAL ID issuance is now a thing. Musk's comment: *"We figured out how to land rockets on floating barges. I think we can handle license renewals."*

"Ghost Payroll" Termination Program Saved \$148M - DOGE's AI audit tool "Cerberus" was quietly deployed in over 70 federal departments to identify "ghost workers"—employees drawing salaries while producing no measurable output. Within 72 hours, Cerberus flagged over 11,000 questionable entries. Nearly 3,000 were confirmed inactive or redundant, saving taxpayers an estimated \$148 million annually. Ironically, the tool was based on open-source machine learning libraries—public tech being used to fix public waste.

IRS Optimization Task force Begins Overhaul - While critics worried DOGE would target welfare recipients or low-level bureaucrats, it instead turned its attention upward. A special IRS task force, armed with DOGE data scientists, uncovered over 1,400 open audits on entities already dissolved or exempt—some as old as 2008. The agency has since been tasked with using predictive models to avoid pursuing dead-end leads, freeing agents for high-impact enforcement.

AI Chatbots Replacing Hold Music in 23 Agencies - Remember the nightmare of calling Social Security, the VA, or the SBA? DOGE didn't just notice—it replaced the entire experience. New AI chat assistants, trained on 5 million hours of call center transcripts, now resolve over 70% of standard inquiries without human intervention. Result: Call volumes dropped 42% and the average hold time plummeted from 27 minutes to 2.

Meanwhile... a Musk–Trump Breakup? Amid all the buzz, a subtler story has unfolded: the public cooling of the once headline-dominating bromance between Musk and Trump. Sources close to both camps say the fracture began when Trump's team asked Musk to endorse him early for 2024—a request Musk allegedly rebuffed with a terse "I don't do endorsements.". Since then: Musk has publicly criticized Trump's *"return to the past"* platform as *"backward-looking"* and Trump has taken veiled shots on Truth Social about *"tech egomaniacs playing king"*. The two haven't been photographed or mentioned each other in any positive light for over a month.

When pressed during a recent DOGE presser, Musk sidestepped: *"I'm here to fix systems, not feed the drama machine. America needs engineers, not kings."* The implication was clear: DOGE isn't political theater—it's functional rebellion.

Whether you love or hate Elon Musk, DOGE is doing what few believed possible: cutting through the hardened, ossified arteries of federal bureaucracy—and doing it in real-time. Supporters call it a revolution. Critics call it dangerous techno-authoritarianism masquerading as reform.

But one thing is certain: DOGE is moving. Fast. And Elon Musk's days of being Trump's favorite billionaire may be over—not because he changed parties, but because he changed priorities. As one unnamed insider put it: *"Elon stopped playing the Trump game the moment he realized he could build his own."*



Critical Thinking

by Jennifer Esposito
Editor's Opinion

Mostly Peaceful Insurrection

"It could turn very volatile if you move law enforcement in there the wrong way, and turn what is just a bunch of people having fun watching cars burn into a massive confrontation" - ABC7 News Anchor Marc Brown, June 8th, 2025

June 14th was many things, Flag Day, the 250th birthday of the US Army, and President Trump's Birthday. and a celebration in the Nation's Capitol was planned. So naturally the "orange man bad" resistance movement organized a nationwide protest, and "ruby red" Mohave County was literally on the map.

Over 2,000 "No Kings" protests were scheduled nationwide, and funded by a coalition of over 200 progressive groups which reportedly included the ACLU, MoveOn, and Indivisible (which has a local chapter in Kingman). "Data Republican" on X, a member of DOGE, traced funding back to billionaires George Soros and Neville Singham, and Walmart heiress Christy Walton bought nationwide newspaper ads to gin up support.

The protests rode the wave of the anti ICE riots in Los Angeles where illegal aliens and their supporters waved foreign flags and chanted catchy slogans such as "No border! No Wall! No USA at all!" and threw chunks of concrete and other deadly projectiles at enforcement officials, looted stores, and set things on fire.

The day got off to a bizarre start, when a MN man, appointed to an advisory board by Democrat Governor and former VP candidate Tim Walsh, shot two Democrat legislators and their spouses while impersonating a police officer, then later escaped out the back door of the dead couple's home after FBI agents shot the place up. His wife was detained later that morning after a traffic stop with cash, a gun, ammo, passports and relatives in the car, but released without arrest.

Arizona saw widespread "No Kings" protests across cities like Phoenix, Tucson, Scottsdale, Tempe, and others, with thousands of what appeared to be primarily Caucasian "boomers" rallying against President Donald Trump. Field trip from the local rest homes perhaps? Others were apparently bussed in, as usual.

In Tucson, a vandalism incident led to a foot chase and the detention of two individuals by Tucson PD. During the arrest, a suspect sprayed two officers with a chemical irritant, escalating the situation. At the Arizona State Capitol in Phoenix, a man reportedly pulled a gun on a protester during the demonstration. According to social media posts, the situation was de-escalated without shots fired, and the individual was detained by police. Closer to home, Las Vegas Metropolitan Police reported 15 arrests, including four juveniles, with one felony charge for assault with a deadly weapon and another for possession of a dangerous weapon.

The Mohave County Republican Central Committee District 2 Director, James Barber, was boots on the ground counter protesting all day. He reported about 100 people at the Bullhead City protest, and about 200 in Kingman, some calling him names. After they dispersed and apparently regrouped on the London Bridge in Havasu, Barber headed to Vegas where he was escorted out of the crowd for his safety, after only walking about 100 or so yards. Barber reported that at 7pm LVMPD started to enforce a curfew which did not go over well and things heated up. Barber, who was sitting with his sign, was approached by an agitated group and was again escorted away by police.

The Mohave County protests were relatively civil compared to places such as LA, Portland, Denver, and Philadelphia. What could the difference possibly be, I wonder? Maybe it's because in this "ruby red" county in a state with Constitutional carry even retards and paid protestors know not to get out of hand when the little old lady counter-protestor wearing a "Women for Trump" button and waving an American flag on Flag Day very well might have a gun in her purse and know how to use it.

"FREE" SPEECH

COVID-19 'Vaccines are Killing People'

More than three years ago, the Biden Administration's federal chief federal health casually remarked during a virtual White House convening on equity summit that COVID-19 "vaccines are killing people."

Note what United States Department of Health and Human Services Secretary Xavier Becerra said: "Secondly, by having better data we can do a couple things—vaccines, a year ago today, by the way we know that [COVID-19] vaccines are killing people of color, blacks, Latinos, indigenous people at about two times the rate of white Americans."

Four days later, a California Department of Public Health (CDPH) employee learned of Secretary Becerra's shocking statement and informed his Deputy Director.

This employee shared data from Vaccine Adverse Events Reporting System (VAERS). That VAERS data indicated allergic reactions, facial paralysis, miscarriages, heart attacks and heart inflammations because of the COVID-19 vaccines. That VAERS data also indicated seizures, strokes, and sudden deaths, because of COVID-19 vaccines. That VAERS data indicated there were 26,976 COVID-19 vaccine deaths.

"Thanks for your email," CDPH Deputy Director casually and callously responded.

On October 13, 2022, the CDPH employee revisited the issue. VAERS data indicated there were 31,330 COVID-19 vaccine deaths. This CDPH employee noted that in 2003, the smallpox vaccine program for healthcare workers was halted just after two deaths. VAERS data reflects only a small number of actual injuries and deaths.

Unfortunately, CDPH management made it about the messenger and not the message. That CDPH employee was told that his COVID-19 vaccine concerns conflicts with the Department. He was threatened with disciplinary action. He was issued a counseling memorandum.

On September 6, 2023, CDPH Assistant Director told this employee that "Secretary Becerra misspoke and was actually discussing deaths associated with COVID-19, not the vaccines."

Between 1992 to 2009, this CDPH employee held Public Information Offi-

cer positions at the Governor's Office of Emergency Services (OES), the Department of Motor Vehicles (DMV), and the California Community Colleges Chancellor's Office (CCCCO).

During his nearly 30 years with the state, he handled many news releases at OES, DMV, CCCCCO as well as CDPH. Anytime there's a misstatement, he was involved with correcting the record and resending the news release. That Becerra's quote is still on the White House's official YouTube channel.

During COVID, Californians were repeatedly told COVID-19 vaccines "are safe and effective." That was a lie!

This CDPH employee prematurely retired—immediately incurring a 55 percent pay cut, the difference between his salary and pension—so state public health officials would not muzzle truth from the public.

Last year he emailed a five-page PDF detailing all this to California's 296 county-elected, and 62 administratively appointed local California officials.

He urged—and is still urging—California Board of Supervisors to direct County Health Officers to stop promoting, administering and distributing COVID-19 vaccines, in accordance with California Health & Safety Code 101025, which states, 'The Board of Supervisors of each county shall take measures as may be necessary to preserve and protect the public health.'

This retired CDPH employee/whistleblower would not have emailed "COVID-19 Vaccine Warning" to California's 58 Board of Supervisors last July and last December, rode on his motorcycle just about 8,000 miles, spoke at 38 county Board of Supervisor meetings the past year, and alerted, the California Board of Pharmacy — if he



Opinions expressed do not necessarily reflect the views of the publisher. Letters to "FREE" SPEECH are printed as space allows and at publisher's discretion. There is no guarantee of publication.

***"If we dont believe in freedom of expression for people we despise, we don't believe in it at all."* - Noam Chomsky, American linguist and US Media and Foreign Policy critic**

was not convinced that COVID-19 "vaccines are killing people."

COVID-19 vaccines injuring and killing people is a national issue. As of last month, 161 Arizonans have died from COVID-19 vaccines. There were 373 Arizonan lives who have been threatened, 530 Arizonans have been disabled, more than one thousand were hospitalized and there were 14 birth defects.

COVID-19 "vaccines are killing people," and it's time for COVID-19 shots be stopped!

Dear Mohave Free Press Reader, you probably already discerned this former CDPH employee is me.
Ronald F. Owens Jr.

Editors note: Ronald F. Owens Jr. served as an Information Officer 2 at the California Department of Public Health's Office of Public Affairs from March 2, 2009, to December 31, 2023. His website is <https://muzzledtruth.com>

General Plan Concerns

Attempting to express something you are passionate about in 2-3 minutes is just about impossible. You'll find this to be a true statement if you spend a short amount of time watching any of Mohave County's public hearings and call to publics. Residents, presenters, and developers have all been hit with the buzzer before they were done attempting to make their point. Now you can imagine why I was very thankful that Chairman and commissioner Hasset offered me an extremely generous amount of time during the most recent Planning and Zoning meeting. This being due to the 26 neighbors who conceded their time to me in a coordinated effort to express our shared positions in a reasonable and organized manner. Out of respect for others time, I only asked for 12 minutes out of the hour offered. Though I did end up feeling rushed and wished I would have taken a little more time.

If you take time to read the purpose of Mohave County's 2025 General Plan update, on page 8, you will find it to read as follows, "...Most importantly, the 2025 General Plan is a public tool for the citizens of Mohave County to guide the growth they wish to see to the year 2035." That is exactly what over 400 Golden Valley residents have been

attempting to do over the past year during the update. After multiple county and community meetings, we created a list of 10 items that are deeply important to our beloved home in Golden Valley. Out of all the different areas that planning and zoning communicated with we showed up and spoke up the most. Yet, our most pressing concerns were not acknowledged or even reconsidered by our district 4 planning and zoning commissioners, Patillo and Ruge, during their review of the draft.

The biggest issue being our stated desire to protect and preserve acre or larger lots and A/R (agriculture/residential) zoning. If you are not aware, last year a large-scale developer proposed a rezone for a 1,400+ acre subdivision inside of an area that is surrounded by A/R zoned acre or larger lots. Their proposal had the capacity to allow for 3,000 to over 4,500 units to be built. The 1,488 acres, which were acquired in 2013 via tax-liens, was and still is zoned as A/R 36-acre parcels. A previous defunct development, The Dorado, had been given underlying use changes in 2006 but since the project never broke ground it should have been reverted or reduced during 2015 general plan update, according to Mohave County Resolution 2006-657A. During the Golden Valley meeting, planning and zoning presented the new area plan and everyone in attendance was pleased to see that it reflected the community's values and that the expired Dorado plan was removed.

After that meeting, the new developer submitted another proposal which was forwarded to the general plan subcommittee. They recommended the newly proposed plan for The Dorado area to be put back into the Golden Valley area plan. We, the residents, who reside in Golden Valley and strongly oppose the subdivision, were never notified or given a chance to respond.

Now I can't help but ask the question, can any property owner in Mohave County submit a land use proposal for their land? If powerful developers can do it with the intent to secure future rezone approvals, why can't you or I? I did submit this question to the planning and zoning department before writing this but have yet to get a response. What are your thoughts? Shouldn't developers and individual property own-

ers be given the same opportunity to submit plans to develop their personal property over the next 10 years? Or should Mohave County listen to each community's unique values to help them reach the overall desired future they expressed?

Sadly, what happened at the planning and zoning meeting was that the residents most passionate about their community were overlooked and ignored. Let's hope our Board of Supervisors can make things right when discussing the general plan update.

Curious Mohave County Property Owner and Resident,
Danielle Ohle-Keck

Flag Day

On Flag Day as we celebrate the Stars and Stripes, our beloved star spangled banner, we also celebrate our commander in chief who happens to share a birthday with the flag of this great nation. And In the times we live in where there are no coincidences how fitting and perfect that President Donald John Trump, 45 and 47, would share his birthday with our flag. Our beautiful red white and blue flag.

As both The Stars and Stripes and Trump himself stand as symbols of our nation, on this very same day anti American demonstrations are being rolled out with astro-turfed demonstrators for hire bused in and paid for. They call their protest no kings, "No kings here !"

So with their typical leftist tactic of accusing everyone else of what they're doing they make the case for us. Because the flag we celebrate today stands for liberty, sovereignty and freedom from kings. A hard won independence we've fought long and hard to keep.

The 50 white stars on a blue field symbolize the 50 states of the Union, representing unity and the collective strength of the nation.

The 13 red and white stripes stand for the original 13 colonies, reflecting the nation's founding and its struggle for independence.

Red signifies valor, bravery, and the sacrifices made for freedom. Blood was shed on battlefields by soldiers to who, we own a great debt. And To the veterans, thank you for your service.

White** represents purity, innocence,

and the ideals of liberty.

For Believers in Jesus Christ it's up to us to take up our cross. For we are in the world not of the world. The division plaguing our country is spiritual warfare on the mundane level. Ephesians 6:12 *"For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."*

The Bible tells us how to handle the darkness around us. 2 Corinthians 10:3-4 *"We are human, but we don't wage war as humans do. We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments."*

There is a saying *"Hard times create strong men, strong men create good times, good times create weak men, and weak men create hard times."* Kinda sounds like how we got here. We've been richly blessed in this country and must never take this for granted. Everything we have is a gift from God. And our God is a God of Justice. Which brings us to the blue in our flag.

Blue** symbolizes justice, loyalty, and vigilance, embodying the nation's commitment to fairness and perseverance.

The American flag waves as a symbol of national pride, liberty, equality, and the pursuit of happiness and the enduring spirit of democracy. It serves as a unifying emblem for Americans and The American Dream.

Many of us have come to the Arizona to find it in these wide open spaces. The American dream is to own your own home, personal achievement and security, freedom, opportunity, mobility, exploration, and the pursuit of new opportunities, the freedom to chart one's own path, believing that hard work can lead to financial independence. To leave your children better off than you were, and from the very first trump rally I watched ten years ago I saw that Trump wants the same things I want. Trump knows what needs to fixed for an America that works for everyone, and he's working on it as we speak.

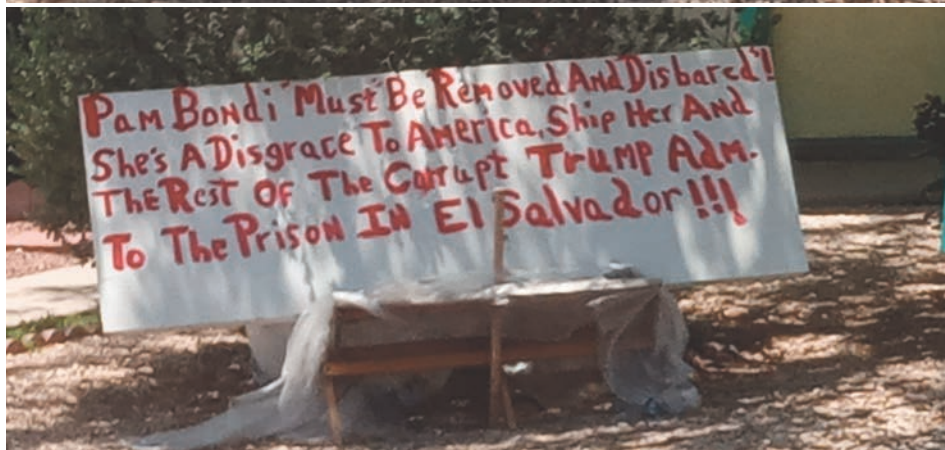
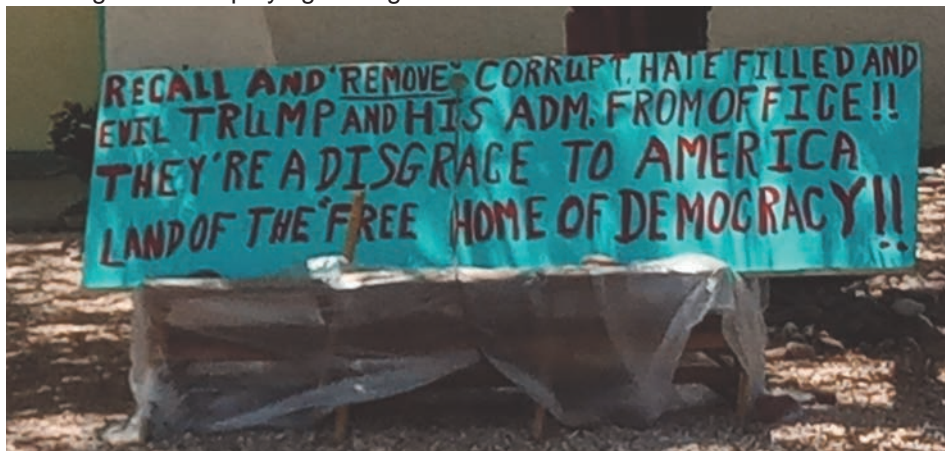
God bless our flag, God bless our President Donald J Trump, and God bless America!

Minister Laurie Dennison

Picture This!



Imagine suffering from "Trump Derangement Syndrome" (TDS) so badly that you would actually deface your own home and spray paint your garage door. Now picture this person as your neighbor, or having to drive by this colorful political graffiti every day. Well if you live on Gates Ave near the Kingman Golf Course this is your daily reality. While Kingman officials are a bit fixated on trying to reinvent the City as some sort of an artists' hub, we're not sure this is the type of artwork they had in mind. And good luck trying to sell your house if you live on that block because this probably doesn't increase property values. Well, at least the homeowner cared enough about the benches in their front yard to put down plastic sheeting before displaying the signs on them.



Charity Spotlight

With Munchkin the America First Pig



Stoney Acres Farm and Rescue Inc is a non profit farm animal sanctuary located a few minutes east of Kingman. Home to horses, donkeys, pigs, goats, as well as a variety of poultry. They do not accept dogs and cats.

The 40 acre sanctuary is operated by Stacy and Michael Kinnear, with help from family and friends. They are open to the public and will gladly accept donations of livestock feed.

Munchkin stopped by in the cool morning hours to make some new farm friends. She especially enjoyed talking with all the other mini pigs waiting for their forever family.

Munchkin checked in on "Dawn", an overweight donkey with laminitis who came to Stoney Acres last year. Dawn is doing much better, but needs to see the vet for X rays, so the Kinneras need to raise additional funds to give her a bright future. To donate:

<https://gofund.me/195442c2> or Zelle Stacy Kinnear 503-298-0208

Stoney Acres Farm and Rescue is located at: 471 S. Towhee Ridge, Kingman

On Facebook at: <https://m.facebook.com/stoneyacressanctuary>



Stacy Kinnear

Scan to pay \$5StoneyAcresRescue

Stay Another Day!

Things to see and do around the greater Kingman area

Free Admission at the Grand Canyon

GRAND CANYON WEST

MOHAVE COUNTY

Day

NEW DATE

SUNDAY

JUNE 29TH

@ 9AM

GCW Main Terminal

INVITED GUESTS

Mohave County Residents

Seligman Residents

Check in at GCW Main Terminal

Please Provide Proof of Residency

(Must provide a valid State ID for proof of residency with Mohave County or Seligman Resident address)

SPECIAL OFFERS:

(Tribal Tax Applicable)

Complimentary General Admission & Skywalk

Complimentary 37th Anniversary T-shirt

(While supplies last)

Discounted Meals at GCW Restaurants* . . . \$10

Zipline* \$20

Skywalk Photo Package \$40

(Includes 8 Digital Photos)

Helicopter/Pontoon Tour* \$170

*Discounted Meal Tickets Excludes SkyView Restaurant.

*Zipline & Helo/Pontoon tours available on a first-come, first-served basis. Must provide ID to purchase tickets.

GRAND CANYON WEST

For more information, please contact marketing at (928) 769-2000.

Locals can experience the Grand Canyon and Skywalk on June 29th for free, with immersive experiences that go beyond just enjoying the breathtaking scenic beauty. When you visit Grand Canyon West, you are entering the Hualapai Reservation, where you can experience the heritage and rich traditions of “The People of the Tall Pines”. Watch the rich history and heritage of the Hualapai Tribe come to life through live performances and insightful exhibits. Journey into the canyon’s depths on a thrilling helicopter ride or take an exhilarating zip line ride for an additional charge.

Wander along the dusty streetscape and immerse yourself in Hualapai culture and history at Hualapai Point.

If you ride the sky on the Zipline, you will arrive at the Quartermaster Viewpoint, offering breathtaking views of Quartermaster Canyon.

The heartbeat of Grand Canyon West is Eagle Point, home to the Eagle Rock Formation, the Native American Village, restaurants and more. You can step out on the 10-foot wide, horseshoe-shaped glass bridge extending 70 feet out over the rim of the Grand Canyon at Skywalk. If you dare to look down, you’ll see breathtaking views 4,000 feet to the Canyon floor below. No need to be nervous, Skywalk is strong enough to hold seventy fully loaded 747 passenger jets

To learn more about the tribe and what they offer go to:
<https://grandcanyonwest.com/hualapai-tribe/>

July 4th Fireworks

Friday July 4th, the City of Kingman is once again sponsoring a fireworks display, The show begins at 9:15pm.

Grab a blanket or some lawn chairs and head over to Firefighter Memorial Park by the Fairgrounds. Get there early if you want a decent parking spot. Or you can just park in the general vicinity, such as Centennial Park or where the 99 Cent Only store used to be, and have a tailgate watch party.

Consumer fireworks are prohibited within Kingman City limits per City Code 7-302(a), but are allowed in the unincorporated County areas on July 4th only. Please celebrate responsibly or save your money and let Kingman put on the show!



Support local youth theater summer camp students and enjoy family friendly entertainment at the newly renovated Beale St. Theater.

The Cat and The Rooster - Friday June 20th 4:00pm
Based on the Ukrainian folktale, the stage adaptation follows the loyal friendship between a cat and a rooster. The rooster’s capture by a cunning fox and the cat’s clever rescue teach lessons about trust, obedience, and resourcefulness.

Shipwrecked - Friday June 27th 1:00pm
Explore under the sea with the sweetest under the sea fishes in a mini play called Shipwrecked.
Tickets will be sold at the door for \$5 per person, all proceeds go to the Beale St. Theater youth scholarship fund as part of education and outreach programming)

Pippi Longstocking - Thursday July 10th 4:00pm
Pippi Longstocking, based on Astrid Lindgren’s beloved books, follows the adventures of a quirky, super-strong, red-haired girl who lives independently and defies convention. The story is packed with humor, mischief, and heart, appealing to both kids and adults. If you grew up with Pippi’s books or TV series, this youth production offers a nostalgic trip with a fresh twist.

Shrek The Musical - Two performances, Saturday July 12th 1:00pm and 7:00pm
A full length musical production based on the DreamWorks film, Shrek delivers themes of self-acceptance, celebrating differences, and inner beauty, with songs like “Freak Flag” emphasize embracing individuality.

All performance to be held Beale Street Theater, located at 302 E Beale St

County Board Report

The May 19th Board of Supervisors meeting saw a few items brought back with corrective measures after the Board had previously asked for some additional information and rules. All items continued by the Board will now be brought back to the Board agenda unless the Chairman orders otherwise. After an item brought by Recorder Lydia Durst was not brought back for approval, District 5 Supervisor Ron Gould requested the rules change.

Also requested by Gould, the Finance Department is expected to change their reporting on County warrant registers. The only information provided to the Board has been the check number, the payee, and the amount. Gould wants to know what the payment is for, and from which department. Finance Director Luke Mournian is now expected to provide the data.

The County will take over Camp Stephens in Hualapai Mountain Park after the Arizona Cactus-Pine Girl Scouts gave notice to the County of lease termination. The Parks Division developed a plan to utilize the existing resources allocated to Hualapai Mountain Park to reopen and manage Camp Stephens for public use.

The County's annual financial audit was completed by Walker & Armstrong, LLP., with only minor concerns in their findings. The errors included account reconciliations, outstanding checks back to 2021 and an untimely filed Federal Awards Finding. The representative of Walker & Armstrong noted that there was no trouble performing the audit and repeated that the errors were easily corrected.

The Economic Development Department heard a resounding NO when they requested \$30,000 to create three educational and marketing videos on Small Business and Entrepreneurship in Mohave County with actor Dennis Quaid.

The Board was once again updated on the (lack of) progress on the request for proposal for a county medical examiner. There is still no long term solution and the County will continue with John Hassett's current contract until it expires.

June 2nd, the Board Proclaimed June 2025 as Elder Abuse Awareness Month. Frequent Flyer, "Scotty" McClure of Bullhead City, shared his personal story of having a homeless man break into his home, steal property, and eat his food before encountering McClure in his bedroom. McClure was upset to discover that Arizona does not have aggravated offenses for crimes involving the elderly.

The Probation Department requested approval of a Memorandum of Understanding (MOU) for a probation officer to operate at the City Municipal Court, in the Domestic Violence Court and Veteran's Court programs. Supervisor Gould asked what benefit is being provided to the County to provide a probation officer to Kingman. This MOU has been in place for several years and the City does compensate for the probation officer's time.

Supervisor Gould, once again requested and received an exemption to the County fireworks ban for the 4th of July. As a reminder, in Arizona, permissible fireworks include ground-based items like sparklers, fountains, wheels and ground spinners. Aerial fireworks like skyrockets and bottle rockets are illegal.

Pet groomers are no longer subject to human Public Health inspections and costly annual permits in Mohave County. Supervisor Gould noted that the State does not require such inspections, and the County apparently took it upon itself to randomly begin governing grooming shops in 2007. Inspections covered such things as the color of wall paint, separate hand-washing stations, and refrigeration of lunches. Gould stated that the free market would better regulate this industry.

Board Weighs Budget Options

Staff wants Property Tax Increase

Mohave County's budget is a controversial topic when it comes to the Supervisor's wishes and those presented by County staff. As you may recall, the fiscal year 2025 budget presented last June to the Board of Supervisors included a very large wish list which would ultimately cause an \$18,500,000 deficit. Included in the wish list was \$5M for a new county morgue and approximately \$10.5M for a new legal services center.

The County and several Supervisors in an attempt to quell the deficit proposed a sales tax. Their arguments included the idea that it would force out-of-state visitors and tourists to pay their "fair share" of the tax burden. District 5 Supervisor Ron Gould, an outspoken adversary of a sales tax, asked the question of how many full-time residents own a home in Mohave County. The amount was underwhelming, coming in at only 27%. That means home ownership in Mohave County is almost entirely made up of out-of-state second homeowners and tourists who visit the area. Expecting that our "guests" would be paying their fair share of the tax burden by implementing a sales tax was disingenuous by way of them already contributing well over half of the property taxes. It should also be noted that their property tax burden is higher than a full-time resident due to the State's Primary Property Tax Education Reduction. Implementing a sales tax would have impacted full-time Mohave County residents where the wages fall significantly short of the national average. Thankfully, Supervisor Gould stood his ground and the looming \$18.5m deficit seemed to have magically disappeared.

Moving forward to the fiscal year 2026 budget and the presentation by County staff was a bit different this time. Finance Director Luke Mournian presented several options to the Board as follows:

A: This includes a balanced budget with total revenues exceeding expenses by \$725,000. It includes: a new Division Judge; 2 budget neutral initiatives and 1 market adjustment for the Sheriff's office.

B: This includes a balanced budget with total revenues exceeding expenses by \$69,000. It includes: all initiatives from option A; and additional funding for 26 of 32 budget requests, including 8 full-time positions.

C: This option does not include a balanced budget with total expenses exceeding revenues by \$821,000. It includes: all initiatives from option B; and additional funding for 6 additional full-time positions.

D: This option does not include a balanced budget with total expenses exceeding revenues by \$1.9m. It includes: all initiatives from option C; and additional funding for Sheriff's deputy compensation package; and an upgrade to AXON Body Camera package.

Staff is recommending option B. As of right now, the County (staff) is asking for a 6.96% increase in the primary property taxes. For example, for every \$100k of primary property value, the tax would be \$181.47, so for a \$200k home, you would pay to the County (not including special/school district levies) \$362.94.

The Board of Supervisors will vote on the budget at their June 16th meeting, and on August 4th they will vote on the adoption of the FY2025-2026 Tax Levies and Rates for Mohave County tax authorities and acknowledge the tax levies for special districts, school districts, fire districts and cities and towns in accordance with state statutes.

Call or email all of the Supervisors if you don't want your property tax raised.

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Golden Valley Matters



Golden Valley residents are making their concerns known about a sneaky change in the proposed County ten year General Plan for land use.

Last year, concerned Valley residents showed up in force to participate in the General Plan process, which literally states “the 2025 General Plan is a public tool for the citizens of Mohave County to guide the growth they wish to see to the year 2035.” Hundreds signed a petition with a ten point objective stating, among other things, that they wanted to keep 1 acre RA (rural agricultural) zoning as the smallest lot size and have no new housing subdivisions. But this community desire is in direct opposition to a large development that Angle Homes wants to build off Agua Fria and Teddy Roosevelt commonly referred to by its previous name “Dorado”, for which a rezone was already denied by the Board of Supervisors last year. Angle Homes/High Desert Land Holdings can re-apply after 12 months.

After a draft was presented to the Board which reverted the “Dorado” land use designation back to RA many residents breathed a sigh of relief, but not for long. Angle submitted a slightly modified proposal and the draft General Plan was quietly changed with no public notice. But that doesn’t mean that nobody noticed.

The new Plan was submitted to the Planning and Zoning Board for approval and many showed up in protest. P&Z postponed their vote until next month, and staff is making some changes, but it was not stated what staff would do about the “Dorado” land use designation. So if you don’t want another 3-4 thousand houses in GV which would double the population of the Valley, then sign up to speak at the July 9th Planning and Zoning meeting, before they vote.

Rumor Mill

RUMOR: What are they building on 68 and Estrella in GV? is it that grocery store, because I thought that was denied?

TRUTH: That’s the future home of the new bigger and better Dollar General Store. The imaginary grocery store pipe dream was for a project on Teddy Roosevelt and Hwy 68, not Estrella.

Do you have a rumor you would like cleared up? Email us and we’ll see if we can.



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Kingman Korner

Failure to Communicate By Elliot Chalew

In the 1967 iconic movie Cool Hand Luke, the chain gang Captain’s famous quote is more apropos now in Kingman Government than ever before, “*What we have got here is a failure to communicate.*” As Kingman faces rapid growth, ironically, in the age of technology, this failure has never been more serious and troublesome. The voice of Kingman’s people is undoubtedly more muffled, restricted, and convoluted than ever before, as the list of the city’s problems and issues seems to grow exponentially. It was in the face of this realization that I began my humble campaign for a seat on the Kingman City Council in the last election cycle. As an outsider to the local in crowd and also as a “first run” candidate in Kingman, I was not successful, but my quest to have the voice of the Kingman people heard has only begun.

In listening to more than a few lifelong residents, I have been told in Mohave County the tradition has been to “shoot-the-messenger” rather than address the message. Mohave County has a rigid, subtle built-in edict “Hear no evil, see no evil, and Heaven Forbid” SPEAK NO EVIL”.

For many months, I earnestly initiated and advocated the idea of a true Kingman Townhall Meeting, navigating every roadblock and spike strip the city threw in my pathway, but to no avail. Again, I felt as if I was watching another MOVIE, this time the 1992 blockbuster “A Few Good Men”, where Colonel Jessup screamed, “*You can’t handle the truth*”. I’m a patient man, as are the people of Kingman, but I am sick and tired, saddened and disappointed in the Kingman City politics that caters to Business and Industry before the breathing heart and soul of our people.

For months, I pounded the sidewalks, door to door, in many Kingman communities, gathering the required Petition Signatures to become an eligible candidate on the ballot. During that process, I not only learned but also embraced the will of the Kingman people. I declined many invitations to speak at the local Republican forums because the election to the City Council is and should be kept a non-partisan process. After much consideration, I acquiesced and made several appearances, only to be told I would not be included in any forum vote for a recommendation because I was only seeking a two-year council seat. My original instinct was correct, the in-crowd-Kingman-establishment fears nothing more than a candidate who listens to the people and will not cater to their rule. It appears they make the rules as they go to best serve their chosen special interests. The voice of the Kingman people should be heard loud and clear in all matters of City Government, yet at every junction, your voice is being stifled.

I need your support to stop that suffocation. We are living in the real world, not a film or a movie set. The Kingman City Government might as well be Gunnery Sergeant Hartman in the 1987 movie Full Metal Jacket shouting, “*I can’t hear you*”. Sadly, I have come to learn the hard way, City Leaders would rather not hear you because that interferes with misusing the illegitimate General Plan (like a steam-roller and your blank check) in their relentless, irresponsible, uncontrolled growth on a failing infrastructure. The results of their economic development hallucinations are intense urban density and urban sprawl, higher taxation, higher utility rates, and a higher cost in all ways to the people. Kingman is overdue in writing a new script and a new storyline in real life and in real-time.

If you think the city needs a new hearing aid because they don’t seem to hear you, please contact me at chalew@gmail.com. I have formed an ongoing and growing group named CAUSE (Citizens Against Uncontrolled Social Environment). WE are gearing up for the next election cycle. The man on the street in Kingman seems to feel that all currently serving incumbents must be replaced with new city leaders who will serve the people as their first interest, rather than the status quo special interest stakeholders who continue to control everything in our city. The city of Kingman and its good people are not like movies or actors, but we do have the most important role (voice) in how our city should be managed. We WILL change and rewrite the script, and new city leaders will hear your voice, will be forced to handle the truth, and the failure to communicate will end. Kingman can thrive as a city that is guided by its people. Balancing growth with infrastructure is an essential responsibility of city leaders and will bring us to the happy ending the Kingman real-life script deserves.

CAUSE (Citizens Against Uncontrolled Social Environment) chalew@gmail.com

Breaking Free From the Trance

by Don Spencer, CCHt

Time keeps on slippin', slippin', slippin', into the future. Who does not remember that great song by the Steve Miller Band? A simple song that calls for a revolution by a solution through helping others.

If that song is playing in your head now, then that instilled program from the cultural trance is a part of your psyche. That was way back in 1976, just a short 49 years ago. It's a great program, as it calls one to be a better steward of humanity. The question is, how many programs are still running freely in your mind that you want and that serve a useful purpose? I can tell you as a professional hypnotherapist, that most people are running old, outdated programs that are faulty and cause great distress to self and others. Not to worry, as they are only programs and can be changed.

With that in mind, and it now being 2025, I thought I'd jump on the AI bandwagon and see what the new emerging hive mind has to say....

The term "cultural trance" refers to a state of collective psychological conditioning where individuals within a society unconsciously adopt and perpetuate the beliefs, values, norms, and behaviors promoted by their culture. It suggests that people are often unaware of how deeply their thoughts and actions are shaped by societal structures, media, traditions, or institutions, leading them to conform without critical examination.

Key aspects of cultural trance include:

Unconscious Acceptance: people internalize cultural narratives (e.g., consumerism, political ideologies, or social hierarchies) as "normal" without questioning their validity.

Reinforcement Mechanisms: media, education, religion, and social interactions reinforce these norms, creating a feedback loop that sustains the trance. □

Loss of Individual Agency: in this state, individuals may prioritize collective norms over personal intuition or critical thinking, limiting their ability to challenge the status quo.

Examples: buying into trends without reflection, adhering to societal expectations about success, or uncritically accepting political or corporate messaging.

The concept is often discussed in psychology, sociology, and philosophy, particularly by thinkers like Charles Tart, who used it to describe how societal conditioning can mimic a hypnotic state. Breaking out of a cultural trance requires self-awareness, critical thinking, and exposure to alternative perspectives.

Very interesting, if I must say... Breaking out of the cultural trance requires self-awareness, which I will add, is one huge ongoing hypnotic state! Think about it. Really think about it. Then think about it again. Why do you believe what you believe? Why does your neighbor believe what they believe? If there is ultimate truth then why do so many people disagree with one another to the point that they will kill others to support their cultural trance? Because truth as we portend it, is highly subjective based on how we were programmed. Period.

Time keeps on slippin' into the future..... I wanna fly like an eagle, till I'm free, oh-oh, there's a solution

That solution is a revolution in our thinking.... We must be prepared to challenge what we think we know and what we believe, in order to create more peace in our lives. And this, my friends, comes through serving others. When you find purpose in helping others including yourself then all of us are lifted up and that is a good cultural trance to add to your personal program.

Changing your program is as simple as not accepting your status quo, but challenging everything you think that does not serve a useful purpose. As a hypnotherapist, it is my joy to be able to help others navigate this aspect, as well as something I personally do consistently, so I don't become a stagnant artifact taking up space on Planet Earth.

With that stated, I hope you have found something useful in today's article and as always, feel free to drop me a line, and I'll send you a free program you can use to make positive changes in your life!

Until next time, keep on trancin'.

Don Spencer

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Mark's Musings

The AI Curveball by Mark Fargo

The AI world—especially the corner occupied by OpenAI—has been running a race of its own: not against red tape, but against human expectation. Over the last 30 days, artificial intelligence didn't just evolve—it startled. And for many watching closely, it wasn't the tech that caused the unease. It was the pace.

Let's recap the highlights of what's happened in AI lately—what OpenAI has done, what the broader AI world is reacting to, and why many believe we've crossed a line few saw coming this soon.

In early May, OpenAI dropped GPT-4o (the "o" stands for omnimodel), and it wasn't just a software update—it was a paradigm shift. Unlike previous models, GPT-4o: Processes text, images, audio, and live video natively. Responds in milliseconds, including in real-time spoken conversations. Can "see" what you show it and talk to you about it—like a weirdly polite Terminator with a design degree. It marked the first time OpenAI publicly unveiled a model that felt less like a tool and more like a collaborator.

The demo was borderline unsettling: a voice assistant that interrupted awkwardly but charmingly, helped with math in real time, detected emotions in your voice, and adjusted its tone accordingly. It was as if Siri woke up one morning, drank an espresso, read ten thousand books... and got therapy.

OpenAI Leadership Shuffles: Brockman Out, Murati In, Altman in Orbit

Internally, OpenAI has had a rollercoaster month. Greg Brockman, co-founder and former President, reportedly stepped away from day-to-day operations. CTO Mira Murati has taken on a larger public-facing role. Sam Altman continues his strategy sprint, meeting with world leaders and regulators globally—but oddly absent from recent OpenAI livestreams.

Speculation runs high that OpenAI is preparing to spin off certain products into standalone consumer brands, while the core research team pushes toward AGI (artificial general intelligence) goals behind closed doors. Whether this is a smart restructuring or a pressure response to Microsoft's increasing influence remains to be seen.

Beyond OpenAI, the AI world is abuzz with multi-agent ecosystems—models that don't just generate responses but work in teams, hold memory, and make decisions autonomously. Several major developments occurred in the last month: AutoGPT and crew released open-source updates allowing chained tasks (like planning a trip, booking a flight, and sending a report—all autonomously). Anthropic's Claude 3.5 previewed features to compete with GPT-4o, focusing on alignment and safety over pure capability. Meta quietly rolled out internal tests of AI personas designed to mimic human interaction patterns based on training from user behavior across Facebook, Instagram, and WhatsApp. If that sounds like AI learning to act human... it is. And people are noticing.

Notably, the last 30 days also saw a rising wave of human resistance: Hollywood writers and voice actors reignited their protests, this time with more evidence that AI models were trained on their work—without consent or compensation. A coalition of academics and ethicists submitted a letter to the UN calling for a global moratorium on autonomous AI military systems Privacy watchdog groups across Europe filed formal complaints against companies scraping user data to train multimodal AI (audio + video). And perhaps most interesting of all—a spike in AI hesitancy among developers themselves, especially after reports of AI models hallucinating vulnerabilities or generating flawed code that looked perfect. In short, even the engineers are pausing to think.

And then there's the weird part. The quiet part. Several conversations have begun swirling, mostly in niche circles, around whether we're seeing the early signs of self-modeling behavior in advanced systems—particularly models trained on themselves, or exposed to user emotional context over time.. OpenAI has publicly denied any form of emergent consciousness, reiterating that its models are "prediction engines, not personalities." And yet, many users have described interactions with GPT-4o as "eerily intuitive," "too human," or "emotionally adaptive." There's no consensus on what that means yet... only that something's different.

In the span of a month, AI evolved from an assistant to something closer to a counterpart—while its creators struggled to stay ahead of their own shadow. AI? It's quietly reshaping the machine of us.

The Patriot's Corner

**Why Cancel Any Coins?
& More AZGOP Politics**
By Clair Van Steenwyk
VansCrossroads.com



Facts Don't Lie but Politicians Do:

The facts broken down over the lifespan of US coins are much different than the number some are using to warrant the cancelation of the penny, so why not just tell us the truth to start with, well as usual it's just another way to make something an issue which truly isn't one.

Here's a breakdown of the approximate cost to produce each circulating U.S. coin in fiscal year 2024. Source: U.S. Mint:

- Penny: Approximately 3.69 cents.
- Nickel: Approximately 13.78 cents.
- Dime (10): Approximately 5.76 cents.
- Quarter: Approximately 14.68 cents.
- Half Dollar: Approximately 33.97 cents

Length in Circulation Break Down to True Costs.

Coins typically last around 25-30 years in circulation before they become too worn for use. Unlike paper money, coins are generally not removed from circulation for fitness. When coins reach the end of their lifespan, they are removed by the Federal Reserve and recycled by the U.S.

Penny Real Cost: 0.123

Nickel Real Cost: 0.459

Dime Real Cost: 0.4593333333333333

Quarter Real Cost: 0.4833333333333333

Half Dollar Real Cost: 0.4893333333333333

Once again our government isn't as truthful as they need to be nor is the press, as the Initial number is meant to make it sound like it's reasonable to cancel the penny, that is until you break down the cost over the lifespan of the coins then it isn't reasonable to cancel any of our coins and just gives politicians something to talk about and the news something to make an issue of rather than report what's truly going on in our government on a budget that's still not reducing spending because politicians are more concerned with being re-elected than in serving the citizens they say they want to serve. This alone is reason enough not to re-elect them to office, as they truly aren't cutting spending.

I know most may not believe this is a real issue, however if someone will lie to us about something as small as a penny then what else are they lying about? And I'd say quite a lot as I found out when I had my Talk Show for over 13yrs, when I'd dig into their records vs. rhetoric used to get re-elected or promoted.

Beware of those in AZ's 2026 Primary as it's already started with ads and news about one AZ Statewide Race for the Superintendent of Public Instruction, and this brings AZ's 2026 election cycle's primary now has one GOP challenger running against an incumbent office holder. Tom Horn AZ's Supt. Of Public Instruction being challenged by outgoing AZ Treasurer, Kimberly Yee challenging Horn.

Yee's record while in the AZ Senate serving on the Education Committee and how they voted against the people but for the Gov. even after being told by dozens of AZ voters that the vote in favor of the bill violated AZ's Constitution. However Yee followed the marching orders of GOP leaders and voted for it anyway along with the rest of the Ed Committee, and later in a midnight session after it was put in a reconciliation bill which also violated the AZ Constitution, but no matter they still did it.

When I sat down to show just the coin issue it suddenly turned into the way those in office at all levels of federal & AZ Government value a position more the those they say they want to serve, as this is the 2nd time the Party put up someone to run against Horn for re-election in a primary, as they did this to him in 2014 for AG as well, and funded another handpicked GOP candidate against Horn as he wouldn't bend to the will of politicians but truly served the people, and for them this is an unforgiveable sin, so hope you do your homework before voting out Horn as he truly cares about our kids and not just holding office and the promises he's made. He's kept to us not the party bosses.

Shall Not Be Infringed By Alan Korwin

STOP USING LEFT WING PROPAGANDA WORDS!



1. Toxic masculinity is clever! It poisons everything men are!

So -- where is toxic femininity? You know, feminism, turning boys into girls! It's nowhere -- because propaganda is pouring out from the left -- to end The American Way.

(Note: The left has figured out "toxic" can go in front of anything, to great effect, the sly devils. When you see it, put "honorable" in its place, see what happens. "Honorable immigration laws."

2. Gun violence is an invented term to attack guns and distract from... crime -- the real problem! There is no news sentence that can't use the word crime where that other propaganda appears. Try it and see (example below).

3. Gun control is propaganda -- it replaces infringement -- a crime committed by officials! Infringement is banned by the U.S. Constitution, it's illegal, and a law, The Protection of Arms Act, will provide... punishment. (The Infringement Ban Act of 2018.) The statute defines infringement -- aggravated infringement is a felony.

4. Assault weapon is a scary-sounding propaganda term. Assault is a type of behavior, not a kind of hardware.

EXAMPLES:

Brainwashing: "We need to stop all the gun violence!"

News reporting: "We need to stop all the crime!"

Brainwashing: "More gun control will keep us safe, right?"

News reporting: "More infringement will keep us safe, right?"

Brainwashing: "Assault weapons are evil!"

News reporting: "Assault is evil!"

Using "progressive" or "democratic-socialist" propaganda language is bad, defeats American values, advances socialism, misleads the public, hurts the Bill of Rights and defies ethical journalism standards. Do not fall prey to these subtle left-wing tactics. It's a travesty that our national media speaks to us that way.

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Thursday 4 - 7 Last number given out at 6:45 pm
Friday 8 - noon Last number given out at 11:45 am

St. John's United Methodist Church - Nana's Pantry 1730 Kino Ave
Every Friday from 9am - 12:00 noon

Kingdom of God Church - King's Cupboard 4435 N. Shadow Rd, Kingman
11:30 - 1pm Fridays contact Eric Ross (360) 201-0794

Cornerstone Mission 3049 Sycamore St 028-757-1535 ext 1001
Monday - Saturday 9 - 5

Kingman Adventist Community Services 3180 White Cliffs Rd
928-757-2614
Tuesday 8 - 11 am and the second and fourth Sunday 13:30 - 2:20 pm

Central Christian Church 519 Beale St 928-377-0709
The fourth Wednesday of each month 10am - noon

Salvation Army Kingman 543 A E. Andy Devine Av 928-718-2600
Monday - Thursday 9am - 4pm closed major holidays

Kingman First Southern Baptist 3120 Hualapai Mountain Rd 928-753-3238
Tuesdays and Fridays from 9am - noon

Golden Valley Community Center 3341 Adobe Rd
Every Friday after the first Wednesday of the month from 9:30 am - 1pm, then alternating Fridays from 1pm - 4pm, calender for each month available

Chloride Town Hall 4990 Pay Roll Ave
First Thursday of each month from 9 -10:30 am

Dolan Springs Community Council, 15195 N. Pierce Ferry Rd
The third Thursday of each month at 10 am
St. Vincent De Paul 15385 Pierce Ferry Rd starting at 8am

Meadview VFW parking lot 210 E. Meadview Blvd
The second Tuesday of each month at 10 am

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Off The Grid

How to survive in a modern world

You can make a DIY solar oven using common household items. Harness the sunlight to cook at low to moderate temperatures (up to 200-250°F) like you would use a crockpot. It's perfect for basic cooking and won't burn or dry out your food.

Materials

Cardboard box: Medium-sized with a lid or flaps (e.g., a pizza box or shipping box, about 12-18 inches wide). Even a shoebox will work for a tiny oven.

Aluminum foil: Enough to line the inside of the box and flaps (about 1-2 standard rolls' worth).

Plastic wrap for the window, or a safe piece of glass such as a refridgerator shelf or glued in picture frame

Black construction paper or black paint: To absorb heat inside the box.

Tape or glue: To secure foil and paper

Scissors or utility knife: To cut cardboard and plastic.

Ruler or stick: To prop open the reflector flap.

Optional: Newspaper , or old towels for insulation.

Instructions

If using a regular box, cut the flaps to create a single large flap for the reflector (or keep all flaps for multiple reflectors). On the lid or top flap, draw a square about 1-2 inches smaller than the edges (e.g., for a 12x12-inch lid, draw a 10x10-inch square).Cut along three sides of the square to create a flap, leaving one side attached as a hinge. Fold this flap up to form an opening. This will be covered with plastic to let sunlight in. Cover the inside of the box (bottom and sides) with aluminum foil, shiny side up, to reflect sunlight. Secure with tape or glue. Line the underside of the window flap and any other box flaps with foil to act as reflectors. Place black construction paper or paint the inside bottom of the box black to absorb heat. If using paper, tape or glue it over the foil on the bottom only. Stretch plastic wrap tightly over the square opening on the lid to create a window, taping it securely to the inside edges to create an airtight seal. Use multiple layers (2-3) for durability. Use a glass sheet instead of plastic wrap for higher durability (if available). Add a second box around the first with insulation (e.g., newspaper) for better heat retention if desired.

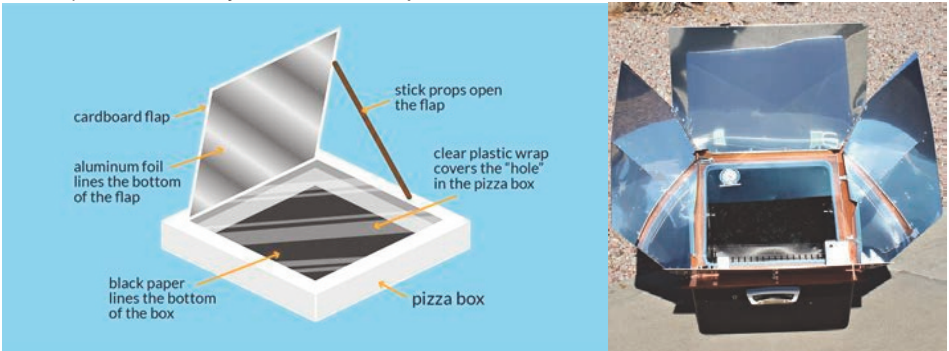
Place the box in direct sunlight on a clear day. Angle the reflector flap(s) to direct sunlight into the box. Use a ruler or stick to prop the flap open at about a 45-degree angle. Place food in a small, dark-colored pot or pan (e.g., a black metal tray or tin) to absorb heat. Set it on the black surface inside the box.

Close the lid, ensuring the plastic window is over the food. Position the oven to face the sun directly, adjusting every 30-60 minutes to track the sun's movement. Cooking times vary: Simple foods like nachos or hot dogs may take 1-2 hours; denser foods like rice or vegetables may take 3-4 hours. Check periodically.

Solar ovens are a good option year around on clear, sunny days with minimal wind. Use oven mitts when handling hot pots. Avoid touching the plastic wrap when hot, as it may soften. An oven thermometer placed inside or a meat thermometer placed in the food is helpful.

This is only one of many options for a DIY solar oven. Check out the projects at: <https://homestead-and-survival.com/18-diy-solar-cooker-plans/>

There are also a variety of commercially available solar ovens ranging in price from the Sunflair or Teenyyou cooker in a bag style at under \$60 on Amazon or Ebay, to more expensive parabolic cookers or the original Sun Oven (pictured below) that will set you back a couple of hundred dollars.



It's all fun and games in the end...

Unscramble these words related to American Independence. Solve the anagrams in the top part of the puzzle. Use the circled letters from the words to complete the final word or phrase at the bottom. Each circled letter is used only once.

ROTNIOUVEL

OFEDERM

ATORITP

LCOEINOS

STENNNTNCGCLIAEROSO

TIMILAI

ACESRDOT

MEMUIENT

ONUNI

LREUBICP

INHORFTDESGFNUA

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EILEONBRL

APETYART

GLROLITISBFH

DENIEDPNNECE

LSEFRTYIBOONS

ANXTATOI

PLIHEALIPAHD

AYTTRE

Home Cookin'

CROCK POT/SOLAR OVEN HAWAIIAN CHICKEN

5-6 boneless chicken breasts (about 2 1/2 lbs)

16 oz can of pineapple slices, drained

15 oz can of mandarine oranges, drained

1/4 cup corn starch

1/2 cup brown sugar

1/2 cup soy sauce

1/4 cup lemon juice

1 tsp ground ginger

Spray crock pot with non-stick cooking spray or use liner. Place chicken in pot. Whisk together corn starch, brown sugar, soy sauce, lemon juice, ginger. Add salt and/or pepper if desired. Pour over chicken. Add the drained pineapple and mandarine orange slices. Cover and cook on low for 4-5 hours. Or cook in your solar oven. Serve over steamed rice.

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